

## **WATERFRONT AND SOLENT PATIENT PARTICIPATION GROUP**

Minutes of the meeting held on Thursday 20 September 2018 at 6.30pm at the Waterfront and Solent Surgery

Present: Colin Bell (Chair), Pauline McMahon, June Matthews, Polly Read, Pam Sexton, Sandra Wilkinson and Jill Tomlin (Secretary)

Apologies were received from Alan Johnston and Gill Johnston

In Attendance: Dr Andy Hoyle

### **Minutes of Previous Meeting.**

The Minutes of the last meeting on 16 August 2018 were agreed and signed by the Chair.

### **Matters Arising**

Contact with the Totton GP on a presentation on Low Impact Yoga at the Spring 2019 Open Meeting was still to be actioned by Dr Hoyle.

### **Treasurer's Report**

In the Treasurer's absence, the Chair presented the financial report. There had been no expenditure and £0.03p was received in interest leaving a balance of £1,327.02.

### **Practice News and Developments**

Dr Hoyle reported that Dr Victoria Blythe, the new GP Registrar, would start on 26 November 2018 until August 2019, initially for 3 days a week. She had recently had a good visit to the surgery and met the staff. Additionally, a new retained GP would almost certainly be appointed who would be part-funded by NHS England. The rewards of having more space available for additional staff were now being felt and it was expected this would have a very favourable effect on surgery services.

The new upstairs building work was complete and awaited kitting out. However, the downstairs had experienced floor problems and moisture was having to be extracted before the new floor could be laid. This problem was expected to be dealt with in the next 2 weeks and the extension finished and ready. Any publicity for the new extension had not yet been agreed. A new improved phone system was also being installed which would allow more lines and options.

### **Locality News**

June Matthews reported on a CCG event she had attended at Hedge End that afternoon. The Chair, Dr Sarah Scofield, reflected on the last 30 years of the NHS and spoke about what was happening now and in the future. The emphasis was on living well rather than being ill and new apps were available to help patients manage their conditions. The role of practice Care Navigators and a report on acute frailty were discussed. It was also reported that the hub had been a great success. Increased de-prescribing had resulted in a saving of about half a million pounds. Dr Mary Anne Falle from Totton Health Centre spoke about Time-Banking which had started in Japan. Social and

support mechanisms were exchanged for expertise and concentrated on what people can, rather than, cannot do. The focus of the CCG was well-being and helping patients help themselves.

Dr Hoyle added that the practice already had a Care Navigator. The meeting also discussed flexibility in what medications were currently permitted on prescription and Dr Hoyle noted that professional judgement on individual patients and needs was still essential.

### **Declaration of Confidentiality**

The Chair had drafted and agreed with Dr Sherwin and the Practice Manager a Declaration of Confidentiality by PPG Committee Members. Minor amendments were agreed by the meeting and the Chair would arrange for all Committee members to sign the document.

### **Matters Raised by Committee Members**

There were none.

### **AGM/Open Meeting on 18 October 2018**

An advert for the meeting would be in The Herald soon and would also encourage new PPG Committee members to apply for election. The Chair circulated nomination forms to existing members who wished to stand again. The event had been promoted at the surgery and on the web site. The Open meeting main speaker, Neil Hardy, had suggested to June Matthews at the CCG event that local pharmacists should be invited. This was agreed and the Chair would invite representatives from Jay's, Day Lewis and Boots. Polly Read had ordered wine glasses and purchased 24 bottles of wine for the refreshments. She would also organise a raffle and the Naming of the Doll donated by Pam Sexton would commence at the meeting and might be continued at the Flu Clinic if necessary. The Chair sought approval for the printing of the Agenda which was agreed.

### **Flu Clinic on Saturday 27 October.**

Final arrangements were discussed and agreed. A large proportion of the vaccines had now been received. Dr Hoyle and Dr Sherwin would also be holding a late clinic on Thursday 27 September.

### **Any Other Business**

There was none.

### **Date of Next Meeting**

There were no Committee meetings in October, November and December. Dates for 2019 would be announced as soon as possible.

The meeting closed at 7.25pm

Jill Tomlin Secretary

Distribution: All Committee members, Dr Hoyle, Dr Sherwin, Sarah Trompetas, Practice website and waiting room file